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I have so many things that I love to share with people. If I held back what is inside my heart because of the fear of rejection, I would not be where I am today.

If you're not being crucified, you're probably not on purpose.

Let neither pleasure nor pain interfere with pursuit of purpose. Let neither support or challenge interfere with pursuit of mission the protected and make life too easy, you stay juvenile. You never grow and mature.

It is the challenges in life that make us mature. Any challenge in your life you can't say thank you for, you stay immature about.

But, every challenge you may have labelled terrible has a hidden benefit. Do not wait a day, a week, a month, a year or five years later, to discover that in the crisis there's a blessing.

Within the tragedy, there is an ecstasy. Within the violence, there's an ecstatic visions of possibility.

Look at those as test to find out if you're ready for the next stage of your life.

I wouldn't be where I am today if I hadn't almost died. I said before, "the more down and out you've been, the more in and up you're destined to soar".

The last fear is the fear of not being vital enough, not good-looking enough, not healthy enough, to do in your dream.

I know some people that think they're too big or too small or too short or too tall, but you have been given a body that is perfect for your mission.

The moment you realize that, you have gratitude for that, is a moment your body takes you to new heights.

25 years ago, I was with Louise Hay. Some of you know Louise Hay, she wrote a book, [You Can Heal Your Life](#).

She's a lovely lady. She's 80, almost 81 years old. She's a very vital, an amazing lady. 25 years ago, in an auditorium, we spoke together.

And she had people come up on stage in front of a mirror and stand up and look in from the mirror and say, "I love myself, I love myself." And I watched so many people had difficulty loving themselves. And then it was my time to get out, "oh baby" and she said, "move on".

You've got to be able to say, "wow!" Tonight, when you go to bed before you go to bed, and you are as authentic as you can be, maybe naked, I want you to stand in from the mirror and say, "wow!"

Because if you can't love yourself, why would you expect somebody else to? The more you value yourself, the more the world values you.

The more you invest in yourself, the more the world invest in you. The more you treat yourself as a genius, the more your genius unfolds.

The more you give yourself permission to do amazing things, the more amazing the world perceives you. We serve the world by shining way more than shrinking.

On the last day of your life, you're gonna be asking yourself a question, Did I do everything I could with everything I was given? You want to be able to say yes, I gave it my all.

By saying there are seven areas of life, spiritual, mind development, career, financial, family, social and physical health.

I'm going to start with the mind first. Spiritual, mental, vocational, financial, familial, social and physical. You cannot put your hand into the pot of glue without the glue sticking. So too, you cannot put your mind into the great works of the Masters without them sticking, the ideas sticking.

I recommend that you read every day. Something inspiring every day. If you have nothing to get to read, then get my books because I promise you than every one of my books, there's inspiration.

Start with [The Secret](#). But read something that's inspiring to you. Every day, when you read something and you see a quote or a thought that is especially meaningful, extract that and write that or type that up in your computer and start building your master plan.

Only write what's inspiring to you. My book is nothing but what's inspiring to me. Feed your mind inspiration not desperation. Concentrate on the flowers, not the weeds.

If you read 30 minutes a day, at the end of seven years, you can be at the cutting edge of a field if you specialize in that reading. If you read one hour a day for four years, you can be at the cutting edge of the field in that area. Two hours a day, two and a half years you can be at the cutting edge. Three hours a day, in less than two years, you can be at the cutting edge of the field.

I proven this over and over again in different disciplines. I used to teach dentistry, chiropractic, astronomy and now economics and many others by studying concentrated specialized knowledge that inspires you.

Read the classics. The masterpieces written by people who are inspired by their own work. The leaders of their field. Fill your mind with ideas of greatness from great beings and accumulate an ongoing collection of inspiring ideas.

Read them daily. Memorize them. Recite them. You learn best what you teach most. Find somebody to share it with, your children specifically or student.

Begin meditating. It's better than medicating. Remember incurable means curable from within. So meditate every day. A minimum of 15 minutes every day.

The style of meditation is less important than starting with gratitude and becoming present and poised. And then asking for inner guidance.

The greatest beings in history trusted their inner voice and vision. Practice the art of listening to that voice and vision through meditation.

If possible, the method I gave you, the Demartini Method, which is quality questions. The quality of our life is based on the quality questions we asked. If we ask questions, "why did this happen to me?", "why am I always getting hurt?" Then you'll create victim mentality.

You want to ask the different question, "how is whatever that is happening me, helping me fulfil my mission?", "how is it strengthening me and giving me skills and talents?"

What doors is opening up? Because the quality of the questions you ask can determine your destiny.

The method I developed, The Demartini Method, is a method of questions that inspire minds. Find a way of learning this method, either from the book or making contact with the people here or myself. Either Angie or myself. somebody.

This method will dissolve brain noise, calm the illusions that distract you, the things that keep you in bondage, the past nightmares and fantasies to keep you from being authentic and it will strengthen the mind and get certainty and presence and inspiration to it.

In your business, make sure that you make a list of everything that you do on a daily basis in your business.

Prioritize it according to fulfilment, productivity and profitability. Take out the lower twenty, thirty or forty percent and see if you can delegate it to somebody else so you can get on with doing that which is most meaningful and inspiring to you.

It is unwise to do low priority things. It is wise to delegate low priority things and do what you are most masterful at that produces the most income, most meaning, most fulfilment.

Because if you train yourself to do ABC's instead of XYZ's, you grow in self-worth and your business takes off.

I do this every quarter, every three months, review this and delegate more. Don't be afraid to delegate because you think you're the only one because you'll block yourself from growing.

Don't be afraid to delegate because you think they can't do it. Train them but you can only grow your business as far as you can streamline, prioritize and delegate.

Make sure that when you build your business, you share your vision and inspiration in that business with the people that work there.

Be the leader. Your vision and your true values come through. You can't fake it but if you speak and live from the heart in your business, people will serve and do more for you.

Make sure you hire people that their values are to do that job. If I gave you five million dollars and you never have to work another day in your life.

If you tell me that the job description I'm asking you to do is not your dream. Don't hire people whose dream isn't to do that job. Or you will spend a lot of money on overheads and frustration and you'll have to have motivations and punishments and rewards that will cost a business much.

Hire people who would love to do what they need to do and delegated it to them. The company grows. For your financial life, make sure that no matter how much money you make, even if it's the tiniest portion, you save part.

If you never learned the art of saving, you will be a slave to money and you work your whole life for money. If you begin to save, it will begin to work for you and you'll become its master.

The wealthy pay themselves first, the impoverished pay themselves last. Value yourself. Know you're not junk. You're an angel, worthy of investing.

Pay yourself. Preferably no less than 10 percent of whatever you make, put it aside. When you manage money wisely, you receive more money to manage.

When you manage money poorly, more money exits your life.

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